

# 70th Anniversary Australian Hypnotherapists Association World Conference

13-15 September 2019  
Mercure Hotel Brisbane  
North Quay



**RESILIENCE – BEND OR BREAK? HYPNOTHERAPY CREATING STRENGTH WITHIN**

## 70th Anniversary Australian Hypnotherapists Association World Conference

Friday 13 to Sunday 15 September 2019 | Mercure Hotel Brisbane North Quay

### RESILIENCE – BEND OR BREAK? HYPNOTHERAPY CREATING STRENGTH WITHIN

In this conference, international and Australian professionals will provide current and leading-edge information to integrate into the day to day practice of clinical hypnotherapists.

- What determines whether we overcome or are overcome?
- How do we build resilience to overcome adversity and see ourselves as victim or victor?
- How do we build the coping ability emotionally, mentally and physically?
- What tools and skills do we utilise and build to develop empowered resilience?

#### Who should attend?

Hypnotherapists, counsellors, psychologists, psychotherapists, medical professionals and other mental health and family therapy professionals.

### Important dates

- August 2018** Abstract submissions open
- 31st January 2019** Abstract submissions close
- 11th March 2019** Registrations opens
- 31st July 2019** Early Bird deadline
- 13-15 September 2019** Conference

#### Contact for more information:

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