



**APS 2025 Pre-Conference Workshop | Sunday 13 April 2025  
Program Overview**

**PHYSIOTHERAPY IN PAIN MANAGEMENT WORKSHOP**

SESSION	TIME	SPEAKERS	PRESENTATION TITLE
<b>Session 1</b>  <b>Chair:</b> Ms Zoe Harper, Barbara Walker Centre for Pain Management, VIC	1330 – 1340	<i>Welcome and Introduction</i>	
	1340 – 1420	Ms Zoe Harper, Barbara Walker Centre for Pain Management, VIC	<i>Migraine – assessment and treatment principles (lecture)</i>  <i>A pain-informed approach to the management of headache and migraine. We will discuss common primary headaches, and the overlap between these and persistent pain presentations. Learn to identify and assess different headache types, and how to manage them in a "chronic pain" setting.</i>
	1420 – 1500	Dr Alicia Rayner, Alicia Rayner Physiotherapy, VIC	<i>Migraine – group discussion and practical session</i>  <i>A pain-informed approach to the management of headache and migraine. We will discuss common primary headaches, and the overlap between these and persistent pain presentations. Learn to identify and assess different headache types, and how to manage them in a "chronic pain" setting.</i>
	Dr Alicia Rayner, Alicia Rayner Physiotherapy, VIC		
<b>1500 – 1530</b>	<b>AFTERNOON TEA</b>		
<b>Session 2</b>  <b>Chair:</b> Mr Tim Austin, Camperdown Physiotherapy, NSW	1530 – 1550	Dr Alicia Rayner, Alicia Rayner Physiotherapy, VIC	<i>Tension headache – assessment and treatment principles (lecture)</i>  <i>A pain-informed approach to the management of headache and migraine. We will discuss common primary headaches, and the overlap between these and persistent pain presentations. Learn to identify and assess different headache types, and how to manage them in a "chronic pain" setting.</i>
	1550 – 1630	Dr Alicia Rayner, Alicia Rayner Physiotherapy, VIC	<i>Tension headache – group discussion and practical session</i>  <i>A pain-informed approach to the management of headache and migraine. We will discuss common primary headaches, and the overlap between these and persistent pain presentations. Learn to identify and assess different headache types, and how to manage them in a "chronic pain" setting.</i>
	1630 – 1655	Dr Alicia Rayner, Alicia Rayner Physiotherapy, VIC	<i>Medication management of headache and migraine (lecture)</i>  <i>A pain-informed approach to the management of headache and migraine. We will discuss common primary headaches, and the overlap between these and persistent pain presentations. Learn to identify and assess different headache types, and how to manage them in a "chronic pain" setting.</i>
	1655 – 1700	Dr Alicia Rayner, Alicia Rayner Physiotherapy, VIC	<i>Conclusion, Wrap up &amp; Thanks</i>
	Mr Tim Austin, Camperdown Physiotherapy, NSW		
<b>1700</b>	<b>FINISH</b>		