

Rehabilitation Medicine Society of Australia and New Zealand 8th Annual Scientific Meeting, in conjunction with New Zealand Rehabilitation Association (RMSANZ NZRA 2025)

Building Lives

19 - 23 July 2025 | Te Pae Christchurch Convention Centre, Christchurch

dccam.com.au/rmsanznzra2025



Rehabilitation Medicine Society of Australia and New Zealand
8th Annual Scientific Meeting | 20 - 23 July 2025
In conjunction with New Zealand Rehabilitation Association
Te Pae Christchurch Convention Centre, New Zealand

Saturday 19 July	Sunday 20 July		Monday 21 July	Tuesday 22 July		Wednesday 23 July 2025
Pre-Conference Workshop	Pre-Conference Workshops		Day 1	Day 2		Day 3
			<p>7.00 - 8.15: Abbvie Sponsored Session</p> <p>8.30 - 9.00: Official Opening</p> <p>8.30 - 8.40: Mihi Whakatau: Te Taumata Tapu o Ngāi Tūāhuriri</p> <p>8.40 - 9.00: Welcome & Official Opening: RMSANZ & NZRA Presidents, Dr Steven Faux & Dr Rachelle Martin</p> <p>9.00 - 10.30: Plenary 1: Building lives after concussion</p> <p>9.00 - 9.45: Garry Pearce Lecture: Dr Nathan Zasler: Post-Concussive Headache: A Pain in the Brain?</p> <p>9.45 - 10.15: Dr Helen Murray: Repeated head impact exposure and neurodegenerative diseases</p> <p>10.15 - 10.30: Q&A</p> <p>10.30 - 11.00: Morning Tea</p> <p>11.00 - 1.00: Plenary 2: Building lives with chronic pain</p> <p>11.00 - 11.45: Norington Lecture: Dr Kathleen Sluka: The science of exercise for pain control</p> <p>11.45 - 12.15: Dr Chris Papic: Clinical Practice Guidelines for Chronic Whiplash-Associated Disorders</p> <p>12.15 - 12.45: Dr Hemakumar Devan: Equity in pain management: We are all in this together</p> <p>12.45 - 1.00: Q&A</p> <p>1.00 - 2.00: Lunch and Poster Viewing Session</p> <p>1.30 - 2.00: Odd numbered poster authors to stand by their posters</p> <p>SIG Meetings: Emergency Rehabilitation and Prosthetics & Orthotics</p> <p>2.00 - 3.30: CONCURRENT SESSIONS 1</p> <p>1A: Whiplash clinical practice guidelines: Recommended care pathways for managing people with chronic whiplash-associated disorders</p> <p>1B: Fostering well-being and psychosocial resources for recovery and adaptation in neurorehabilitation</p> <p>1C: Translating the INCOG 2.0 guidelines into clinical practice</p> <p>1D: Acute to Chronic Pain Transition</p> <p>1E: Paediatric rehabilitation services and interventions fit for Aotearoa New Zealand: International trends, local evidence, and implications for best possible care of children with neurodisability & their whanau</p> <p>1F: Free Paper Session: Neurorehabilitation</p> <p>3.30 - 4.00: Afternoon Tea</p> <p>4.00 - 5.30: Plenary 3: Building lives after the Christchurch Earthquake</p> <p>4.00 - 4.25: Ms Kate Barron: Rebuilding life after injury – What I would love rehabilitation providers to know</p> <p>4.25 - 4.50: Mr Raj Singhal: Lived Experience through the Quake Rehab Specialist (managing resources, buildings that weren't fit for purpose etc)</p> <p>4.50 - 5.15: Dr Jo Nunnerley: Returning to work after the earthquake</p> <p>5.15 - 5.30: Panel Discussion</p> <p>5.45 - 7.00: Hollister Sponsored Session</p> <p>Neurogenic Bladder and sexual function restoration</p>	<p>7.00 - 8.15: g.tec Neurotechnology Hong Kong Sponsored Session</p> <p>The Efficacious BCI Therapy for Neurological Diseases Including Stroke, Multiple Sclerosis, Parkinson's & more</p> <p>7.00 - 8.15: Ipsen Sponsored Session</p> <p>Goal Attainment with Repeat Injections of AbobotulinumtoxinA in Adults with Lower Limb Spasticity – Abolish study</p> <p>08.30 - 09.00: Plenary 4: AROC Presentation</p> <p>Dr Claire Stewart: Australasian Rehabilitation Outcome Centre – Collaborating for Optimal Outcome</p> <p>9.00 - 10.30: Plenary 5: Building lives alongside Māori communities</p> <p>9.00 - 9.25: Dr Kelly Waiana Tikao</p> <p>"Hākari" – a feast of whākaro Māori to support a dynamic delivery of rehabilitation in Aotearoa and beyond</p> <p>9.25 - 9.50: Dr Matire Harwood: How interventions could better be developed for Māori (include clinical practice)</p> <p>9.50 - 10.15: Dr Karen Brewer: Facilitating (re)connection to self, whānau and health care providers for Māori with stroke-related communication difficulties</p> <p>10.15 - 10.30: Q&A</p> <p>10.30 - 11.00: Morning Tea</p> <p>11.00 - 12.30: Plenary 6: Building lives following stroke</p> <p>11.00 - 11.25: Dr Alan Davis</p> <p>Overview of stroke services and care in Aotearoa: Rehabilitation and recovery after stroke</p> <p>11.25 - 11.50: Mr Mark Adams</p> <p>Bridging the Gap: A Service Improvement Project to Increase Therapy Time for Stroke Patients in NZ</p> <p>11.50 - 12.15: A/Professor Zoe Adey-Wakeling: Considerations in Young Stroke Rehabilitation</p> <p>12.15 - 12.30: Q&A</p> <p>12.30 - 1.30: Lunch and Poster Viewing Session</p> <p>1.00 - 1.30: Even numbered poster authors to stand by their posters</p> <p>SIG Meetings: Spasticity Management and NeuroRehabilitation</p> <p>1.30 - 3.00: CONCURRENT SESSIONS 2</p> <p>2A: Cardiopulmonary rehabilitation of common conditions in rehab wards</p> <p>2B: Disability Inclusion and Rehabilitation in Pacific Island Nations</p> <p>2C: Inactive and alone – How do we increase activity and participation levels of stroke survivors in adult rehab units, to help maximise their potential recovery?</p> <p>2D: Mild injury, major impact: evidence-based, trauma-informed management to promote recovery after motor vehicle crashes</p> <p>2E: What Docs need to know about DoCs: a state of the art review</p> <p>2F: Free Paper Session: Rehabilitation Research</p> <p>3.00 - 3.30: Afternoon Tea</p> <p>3.30 - 5.00: Plenary 7: Building lives alongside people living with obesity</p> <p>3.30 - 3.55: Dr Peter Sturgess</p> <p>Rehabilitation Medicine Physician to talk on the AFRM Position Statement and any updates</p> <p>3.55 - 4.20: Dr Sharon Wong: Tips, Tricks and Tribulations when delivering Rehabilitation to the Super Bariatric Patient</p> <p>4.20 - 4.45: Professor Rinki Murphy</p> <p>Patient-centred multidisciplinary care in obesity management, an endocrinologist perspective</p> <p>4.45 - 5.00: Q&A</p> <p>5.00 - 5.45: NZRA AGM</p> <p>7.00 - 11.00: Conference Gala Dinner</p> <p>The Great Hall, The Arts Centre</p>	<p>9.00 - 10.30: Plenary 8: Building lives: Ageing with disability</p> <p>9.00 - 9.25: Dr Keith Hill: Horses for courses: Effective fall prevention and translation across the health spectrum</p> <p>9.25 - 9.50: Dr Ruth Marshall: Spinal Cord Injury - Why age matters</p> <p>9.50 - 10.15: Professor Ian Cameron: Ageing with Severe TBI and experiencing severe TBI in older age</p> <p>10.15 - 10.30: Q&A</p> <p>10.30 - 11.00: Morning Tea</p> <p>11.00 - 12.30: CONCURRENT SESSIONS 3</p> <p>3A: Navigating the Future: An exploration of innovative applications for merging advanced technology with traditional therapy in neurorehabilitation</p> <p>3B: Returning to work following illness/injury: personal journeys, rehabilitation models, and policy insight</p> <p>3C: Acknowledging the Role of Social Rehabilitation in Sexual Quality of Life for People Living with a Spinal Cord Injury</p> <p>3D: Inpatient Rehabilitation Strategies Targeting Acute Bed Flow – Getting the right patient to the right place faster!</p> <p>3E: From Challenges to Solutions: Advancing Chronic Pain Care Through Collaboration in Rehabilitation Medicine</p> <p>3F: Free Paper Session: Rehabilitation Services and Older People</p> <p>12.30 - 1.30: Lunch and Poster Viewing Session</p> <p>SIG Meeting: Private Practice</p> <p>1.30 - 3.00: Plenary 9: Building lives: Are we preparing our rehabilitation professionals adequately for future practice?</p> <p>1.30 - 1.45: Professor Steven Faux: Rehabilitation Medical Specialist Perspective</p> <p>1.45 - 2.00: Professor Nicola Kayes: Allied Health Perspective</p> <p>2.00 - 2.15: Dr Johnny Bourke: Lived Experience and Research Perspective</p> <p>2.15 - 2.45: Panel Discussion</p> <p>2.45 - 3.00: Conference awards, invitation to RMSANZ 2026 and conference close</p>	
<p>8.30 - 3.00: Spasticity Management: Level I Certification Workshop</p> <p>Held offsite: Burwood Hospital</p>	<p>8.30 - 3.00: Spasticity Management: Level II Certification Workshop</p>	<p>8.30 - 5.00: Disrupting Practice</p> <p>An interactive workshop exploring collaborative approaches to optimise person and whānau outcomes in rehabilitation</p>	<p>8.30 - 12.30: Nocebo Hypothesis Cognitive Behavioural Therapy (NH-CBT) for Functional Neurological Disorder (FND)</p>	<p>1.30 - 5.00: Upper Limb Prosthetics for the New Zealand Population</p>		
	<p>5.00 - 6.30: Welcome Reception</p> <p>Exhibition Hall</p>					